Available Press Release Topics

Articles for Minnesota Readers:

- 1. Minnesota Northwoods Inspires Debut Novel
- 2. Minnesota Author Encourages Blooming Late
- 3. Minnesota Novel Explores New Beginnings in the Northwoods
- 4. Minnesota Native Writes Love Note to Northern Minnesota
- 5. Nationally Syndicated Columnist Pens Debut Novel with Minnesota Heart
- 6. Focus on Found Family in New Minnesota Novel

Articles for Older Readers:

- 1. 63-Year-Old Late Bloomer Sells Debut Novel
- 2. Walking the Walk in Mid-Life Reinvention
- 3. Change and Aging Are on Her Mind
- 4. Local Author Proves that (Writing) Life Begins at Middle-Age
- 5. Focus on Found Family in Mid-Life

Articles for Positive Psychology Readers:

- 1. Facebook Insult Inspires Novel
- 2. Optimism Finds a New Champion
- 3. Is Optimism the Essential Ingredient to Mid-Life Change?
- 4. Syndicated Columnist Finds a New Voice in Fiction